

## PHD CHAMBER FOUNDATIONS PHD FAMILY WELFARE FOUNDATION

PHD Family Welfare Foundation (PHDFWF) was set up by the PHD Chamber more than three decades ago. The PHDFWF has been actively implementing different community development projects for the last three decades in different slum and rural areas in the field of health and family welfare, skill development training programmes for poor women and youth, Self-Help Groups, mobile medical care, primary health centre, sanitation facilities for girls in village schools, target intervention on prevention of STD/HIV/AIDS, Polio eradication, support & care for people living with disabilities, digital media, adult education, self-defence training, for poor youth, etc.

**Geographical Area of Operation:** PHDFWF operates in resettlement colonies of Delhi and semi urban/rural areas of NCR region, Rajasthan, Uttar Pradesh, Uttarakhand, Haryana, Odisha, Assam, and any other regions in case of any natural calamities.

#### PHDFWF DURING COVID -19

Donation of Oxygen Generation Plant to charity hospitals

Dry food distribution to migrants & the needy Support families who lost their only bread earner during covid

Provide monthly ration to charity orphanages

Distribution of masks, sanitizers & sanitary napkins to charity hospitals

PHD CHAMBER'S FWF ORGANIZED INAUGURATION OF THE INSTALLATION OF OXYGEN GENERATION PLANT TO FIGHT AGAINST POSSIBILITY OF THIRD WAVE OF COVID 19

#### FIRST PLANT INSTALLED IN MEDICHEK HOSPITAL, FARIDABAD



PHDFWF inaugurated the first oxygen generation plant to Medichek Hospital, Faridabad on June 30, 2021. Mr. Krishan Pal Gurjar, Hon'ble Union Minister of State for Social Justice and Empowerment, GOI was the Chief Guest of the program. The plant was supported by Rotary Club of South Central and Shivalik Group.



#### SECOND PLANT INSTALLED IN TIRATH RAM SHAH CHARITABLE HOSPITAL, NEW DELHI



PHDFWF inaugurated the second oxygen generation plant at Tirath Ram Shah Charitable Hospital on July 23, 2021. Mr. Faggan Singh Kulaste, Hon'ble Minister of State in the Ministry of Steel and Rural Development, GOI was the Chief Guest for the program. The plant has been supported by Oriflame Sweden.

## PHDFWF ORGANIZED HEALTH TALK ON COVID-19 UNDERSTANDING THE DISEASE AND PREPARING FOR FUTURE



PHD Family Welfare Foundation organized a Health Talk on "COVID-19 – Understanding the disease, preparing for future" by Dr Mathew Varghese, Head, Department of Orthopaedics and former Director, St. Stephen's Hospital, New Delhi on July 10, 2021 through Webinar. Dr Mathew Varghese talked about the COVID-19 disease covering various important issues. He shared that with effective participation from everyone will ensure that the pandemic can be curtailed and it will not overburden the healthcare system.



#### DISTRIBUTION OF KN95 MASKS FROM FORTUNE MARKETING



PHDFWF received 50,000 KN95 masks from Fortune Marketing Pvt. Ltd. These masks are being sent to St. Stephen's hospital, Govt. hospitals, police stations of Delhi/NCR, Assam, Bhiwadi and Ranchi and in different parts of India, frontline workers, beneficiaries from skill center units and beneficiaries of mobile medical vans.

## PHDFWF SUPPORTING FAMILIES WHO HAVE LOST THEIR ONLY BREAD EARNER DURING COVID-19





With the financial assistance from members of Rotary Club of Delhi Premier, SPACE, Savera Association, Annam and other esteemed donors, PHDFWF has identified 50 families in resettlement areas (where PHDFWF has a Skill Development unit) who have lost their only earning member of their families due to COVID or otherwise and providing basic food expenses and giving them skill training to make them self-reliant.



# PHDFWFORGANIZED FREE HEALTH CHECK-UP CAMPS FOR STREET & ABANDONED CHILDREN RESIDING IN GOVT. RUN INSTITUTIONS AND SUPPORTING OTHER CHARITY ORPHANAGE HOMES





PHD Family Welfare Foundation in association with Department of Women and Child Development, Govt. of NCT of Delhi with support from its donors have been supporting 101 Child Care Institutions across Delhi and other charity orphanages.

#### PHDFWF DISTRIBUTED DRY & FRESH FOOD TO MIGRANTS AND THE NEEDY





PHD Family Welfare Foundation with support from its esteemed donors has been distributing dry food packets containing flour, rice, pulses, sugar, tea leaves, soya chunks, biscuits, soaps, other nutritious dry foods and cotton and KN95 face masks to the needy people living in resettlement colonies of Delhi/NCR. PHDFWF also distributed home-made poori sabji to the migrants and the needy living in resettlement colonies of Delhi, in front of AIIMS & Safdarjung hospital.

#### PHDFWF OBSERVES 'TIKA UTSAV'





As April 11, 2021 was marked as a start of 'Tika Utsav' or vaccine festival as stated by Hon'ble Prime Minister Mr. Narendra Modi, PHD Chamber's social arm PHDFWF organized awareness talks on Corona Vaccine (April 11-14, 2021) in its skill center units in Assam, Delhi, Rajasthan and in the Bargarh district of Odisha.



#### PHDFWF MAJOR PROGRMME

## PHDFWF CELEBRATED 75 YEARS OF INDEPENDENCE AND 35 YEARS OF WELFARE WORK OF FOUNDATION WITH MR. SONU NIGAM



PHD Family Welfare Foundation celebrated the onset of 75 years of Independence and the completion of 35 years of welfare work of the Foundation by organizing a virtual musical interaction with renowned music director & singer Mr. Sonu Nigam, Mr. Agam Kumar Nigam & Ms. Meenal Nigam.

PHDFWF CELEBRATED 75 YEARS OF INDEPENDENCE AT FWF CENTRES

PHDFWF's skill development centres celebrated independence day with teachers and beneficiaries by singing and dancing on patriotic songs.

## CELEBRATION OF 7<sup>TH</sup> INTERNATIONAL YOGA DAY BY PHDCCI AND PHD FAMILY WELFARE FOUNDATION



PHDCCI and PHDFWF celebrated '7th International Yoga Day on June 21, 2021 on a virtual platform. The first session was the virtual yoga session carried out by trainers from Patanjali. The chief guest of the second session was Dr Kiran Bedi, IPS (Retd.). Mr. Pradeep Multani, Sr. Vice President, PHDCCI; Mr. Saket Dalmia, Vice President, PHDCCI; Ms. Shovana Narayan, Padmashree awardee Kathak Guru; Ms. Suneeta Trivedi, Secretary (IPS Retired), GOI and Ms. Priya Hingorani, Sr Advocate, Supreme Court of India shared their experiences regarding the contribution of yoga in enriching their lives. Mr. Pradeep Multani, Sr. Vice President, PHDCCI delivered the vote-of-thanks to the Chief Guest, speakers and the participants.



#### **GOVERNING BODY MEETING OF PHDFWF**

The Governing Body Meeting of the PHD Family Welfare Foundation was held December 29, 2020 and April 12, 2021 through a virtual platform. Foundation's The activities done for COVID-relief and other regular activities conducted in its skill development units, details of projects and action plan were reviewed and discussed in the meeting. The Presidium praised the work being done for the society during this pandemic.



# PHDFWF CELEBRATES VIRTUAL INTERNATIONAL WOMEN'S DAY WITH ASTITVA SAMMAN AWARDEES AND BENEFICIARIES OF FWF SKILL DEVELOPMENT UNITS



PHD Family Welfare Foundation and Women and Child Committee organized a webinar on 'Celebration of International Women's Day' on March 5, 2021. The keynote speakers were previously Women Astitva Samman recipients. On the occasion of International Women's day, to celebrate the spirit of woman, PHD Family Welfare Foundation observed International Women's Day on March 8, 2021 in all its skill development centres.

#### PHDFWF INAUGURATES HEALTHCARE ATTENDANT CENTER IN BHILWARA, RAJASTHAN

PHD Family Welfare Foundation inaugurated a Healthcare Attendant Centre at Banera village, Bhilwara, Rajasthan on February 25, 2021. The Chief Guest for the programme was His Highness Rajadhiraj Hemender Singh Saheb, (former LokSabha Member Bhilwara); Guest of Honour Maharai Prakaram Singh (Former MLA, Banera); Mr. Anshul, SDM, Banera; Mr. Dilip Singh, Tehsildar, Banera and other dignitaries from the village.





#### 6<sup>TH</sup> ASTITVA SAMMAN WOMEN AND 5<sup>TH</sup> JUNIOR SAMMAN 2021

PHDFWF's Women & Child Committee virtually organized its 6th Women Astitva Samman and 5th Junior Astitva Samman 2021 on February 12, 2021. The Chief Guest for the programme was Mr. Ram Mohan Mishra, Secretary, Ministry of Women and Child Development GOI. The 6th Women Astitva Samman were conferred to Amulin the Corporate category; Trained Nurses' Association of India (TNAI) in the government category; Nirmal Bhartiya School in the educational institute category; Kairali, in the



MSME category and Study Hall Educational Foundation (SHEF) in the NGO category. The 5th Junior Astitva Samman was presented to Apeejay School, Noida; Modern School, Vasant Vihar and Apeejay School, Panchsheel Park.

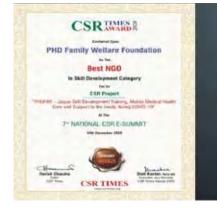
## CERTIFICATE DISTRIBUTION PROGRAM AT PHDFWF-L&T PRAYAS SKILL CENTRE, SURYA VIHAR, FARIDABAD

PHD Family Welfare Foundation organized a certificate distribution program on January 28, 2021 at PHDFWF-L&T Prayas skill centre, Surya Vihar, Faridabad. Mr. Sunil George & Mr. Rajeev NS from L&T Prayas distributed 40 certificates to the beneficiaries who have completed their course in tailoring & embroidery.



#### PHDFWF RECOGNISED FOR CSR TIMES AWARD 2020 UNDER SKILL DEVELOPMENT CATEGORY

PHD Family Welfare Foundation has been recognized for 'CSR Times Award-2020' under the skill development category for the welfare work of skill development, mobile medical care and support to the needy during COVID-19. The award was announced on December 10, 2020 at 7th National CSR E-Summit & Award 2020 organized virtually by CSR Times. Ms. Anuradha Goel, Chairperson, PHDFWF accepted the Award.







#### PHDFWF ORGANIZED WEBINAR ON GARDEN ANYWHERE

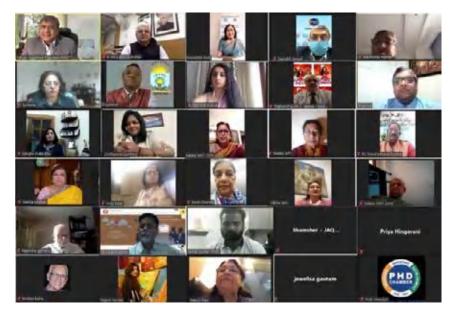
HD Family Welfare Foundation and WC Committee organized a virtual webinar on "Garden Anywhere" on November 24, 2020 with Ms. Nivedita Mitra, a certified Toastmaster & Neuro Linguistic Programming coach. Ms. Mitra shared a presentation, where health benefits of gardening were mentioned like exposure to Vitamin D, growing own food for healthy life. Ms. Mitra mentioned about mint, fenugreek, coriander, ajwain, curry leaves, aloe-vera, giloy and holy basil with their importance. Healthy benefits



of these herbs and use of plastic bottles were mentioned for new enthusiasts who would like to start their own garden at their places.

#### PHDFWF'S WEBINAR ON THE WAY FORWARD IN THE NEW NORMAL

PHD Family Welfare Foundation and Women and Child Committee organized a webinar on 'The Way Forward in the New Normal' in association with Confluence on October 28, 2020. Mr. Sanjay Aggarwal, President, PHDCCI gave the presidential address and shared about the changes which are occurring because of Corona Pandemic in daily lives of people. Different perspectives from the eminent speakers from India and abroad including Ms. Suneeta Trivedi, Mr. Dhyaneshwar Muley, Ms. Manisha Girotra, Mr. Mahendra Sinh C Jadeia and Mr. Pramod Bhagat were shared about this new normal time.



#### PHDFWF ORGANIZED A COOKING PROGRAMME ON CULINARY ARTS AS BUSINESS

PHD Family Welfare Foundation organized a webinar on cooking programme 'Culinary Arts as Business' on October 5, 2020 with Chef Ms. Devika Chaturvedi. Ms. Devika shared recipes of three different dishes which were made with easily available ingredients at home. The dishes were Bruschetta, Dark Chocolate and Chilli Tart and Herbed corn and Spinach Pillaf.





#### PHDFWF-L&T HOWDEN FLAGGED OFF MOBILE MEDICAL CAMPS ORGANIZED IN FARIDABAD

PHD Family Welfare Foundation started a new mobile medical camps project with support from L&T Howden Pvt. Ltd. Mr. Pawan Mehndiratta, Chief Executive, L&T Howden Pvt. Ltd. flagged off its first camp from L&T Head office, Faridabad on September 10, 2020. A total of 32 camps were organized till March 2021 for the migrants and needy living in resettlement colonies of Faridabad.



#### **SKILL & VOCATIONAL TRAINING**

#### PHDFWF SKILL DEVELOPMENT TRAININGS & EDUCATIONAL COURSES



During second wave of Coronavirus, all the centres were doing online class and FWF officials were monitoring on a timely basis

#### PHDFWF-JAQUAR N.L. MEHRA VOCATIONAL TRAINING CENTRE, AYA NAGAR





PHDFWF–NL Mehra Vocational Training Centre was started in the month of August 2020 at Aya Nagar. This project is being supported by Jaquar Foundation. Vocational courses like nursing assistant, computer

education, beauty culture & retail and management are being conducted. From the month of August 2021, PHDFWF has started an electrician course which will benefit many beneficiaries from the area by providing them better

training which can help the them with good exposure and job probability that can lead to better livelihood. Till August 2021, 200 beneficiaries got the opportunity to learn and received certification from PHDFWF.



### PHDFWF-KAJARIA CERAMICS SKILL DEVELOPMENT TRAINING CENTRE, ASSAM





PHDFWF – KAJARIA Skill Development Centre was started in May'2018 in Assam. Rural women are getting free training on hand weaving & knitting along with training in local craft. Presently, local beneficiaries are learning the skills to make mekhela chaddar and gamusa. More than 450 trainees have received training from this centre. This will help women in earning an extra source of income and become self-employed.

### HINDUSTAN TIN WORKS SKILL DEVELOPMENT TRAINING CENTRE, BADARPUR





PHDFWF-Hindustan Tin Works Skill Centre was implemented in May 2018 and it is situated at Lal Kuan, Badarpur. This Centre is offering free training in computer education and beauty culture. From this initiative more than 850 trainees have been certified and

currently 75 trainees are enrolled in this centre.

#### PHDFWF - JAQUAR SKILL DEVELOPMENT CENTRE IN MATALWAS & NARAYAN VIHAR





PHDFWF started its skill development training centre in Rajasthan in Matalwas (April'21) and Narayan Vihar (July'21).

These centres are offering courses in tailoring & embroidery, beauty culture, adult education & tuitions for maths and science.

Around 200 students have already enrolled in different vocational courses in both the centers.



### L&T HOWDEN PVT. LTD. SKILL DEVELOPMENT CENTRE, PALLA, FARIDABAD





PHDFWF-L&T Howden Pvt. Ltd. has established this centre in the month of September 2021. This skill development centre offered

courses in tailoring & embroidery, beauty culture and computer training to young women & girls. This centre was active from September 2020 to July 2021. A total of 275 local women and girls have availed training in their respective courses.

### MG GOYAL GASES SKILL DEVELOPMENT TRAINING CENTRE, BADLI EXTN, ROHINI





PHDFWF has implemented a skill development project in Badli Extn., Rohini. This project has been active from 2017 with the support from Goyal MG Gases.

Presently, 115 students have enrolled in the current batch and around 1850 beneficiaries have already passed and some have taken their skill as a profession.

Even during the lockdown, classes were conducted on online platform which were very successful.

#### PHDFWF-JAWAHAR FOUNDATION HEALTH CARE ATTENDENT

With the support of Jawahar Foundation, PHDFWF is providing training in health care attendant course in Bhilwara, Rajasthan. Presently, more than 30 trainees are attaining this free course under the project. This centre was established in February 2021 in the presence of FWF officials and Jawahar Foundation.





### PHDFWF-SMPF SKILL DEVELOPMENT TRAINING CENTRE, DWARKAPURI

PHDFWF-SMPF is the first skill development centre of PHDFWF. This centre has been providing training in tailoring & embroidery, beauty culture & mehandi, mobile repairing and computer education. This centre is situated at Dwarkapuri and provided access to skill training to more than 5000 trainees. Currently, 132 students are availing training at the centre.



#### L&T PRAYAS SKILL DEVELOPMENT CENTRE, FARIDABAD





PHD Family Welfare Foundation with support from Prayas Trust, L&T Faridabad is providing vocational course of tailoring & embroidery to young girls and household women of Surya Vihar and other nearby areas. This centre was started in August 2020. This course provided training to more than 119 beneficiaries from Surya Vihar and nearby areas.

### PHDFWF-JAQUAR SKILL DEVELOPMENT TRAINING CENTRES, MANDI VILLAGE





HDFWF – Jaquar Mandi centre was started in 2018. This centre is offering vocational course like tailoring & embroidery, beauty culture, cooking and mobile repairing. This centre has offered training to young boys and girls, household women to empower themselves and also acquire a job with this training. This centre has completed 3 batches and certified more than 290 beneficiaries. The classes were running online due to the lockdown and was very successful in terms of imparting knowledge.



#### PHDFWF-WRG SKILL DEVELOPMENT CENTRE, AYA NAGAR





PHDFWF-WRG started their centre at Aya Nagar by providing training in computer education and tailoring & embroidery. Currently, 140 beneficiaries have already enrolled in this course.

#### PHDFWF - FENA SKILL DEVELOPMENT TRAINING CENTRE

PHDFWF-FENA skill development centre in association with Fena Foundation was started on January 2015 in Okhla phase 1, Tekhand colony and successfully trained more than 1800 beneficiaries in tailoring and embroidery. Currently, 38 trainees are being trained in tailoring & embroidery course.



#### PHDFWF HEALTHCARE

Free Mobile Medical Care Prevention of STD/HIV/AIDS

Reproductive & Child Health Free Eye & Dental Check-up

Support during Natural Calamities Free Health Check-up Camps Free Cancer detection Camp



#### INAUGURATION OF PHDFWF- ROTARY CLUB OF DELHI PREMIER –JAQUAR FOUNDATION MOBILE MEDIAL VAN.



PHD Family Welfare Foundation virtually inaugurated its 6th Mobile Medical Van on August 24, 2021 donated by the Rotary Club of Delhi Premier and supported by Jaquar Foundation. The Mobile Medical Van was inaugurated by Mr. Saurabh Sanyal, Secretary General, PHD House and was virtually inaugurated in the presence of Presidium, PHD Chamber; Dr Rajendra K.

Somany & Mr. Alok Shriram, Former Presidents, PHDCCI; Ms. Anuradha Goel, Chairperson, PHDFWF; Ms. Rashmi Singh I.A.S, Director, Department of WCD; Ms.. Aneesha Dalmia, Immediate Past President, Rotary Club of Premier; Mr. Kanwar Shamsher, CSR Head, Jaquar Foundation; Ms.. Madhulika Mehta, Cochairperson and Ms. Karuna Shriram Co-chairperson, WC

Committee. This is the 6th Mobile Medical van of PHDFWF which will be dedicatedly used for health check-up camps for street & abandoned children residing in 101 child care institutions and orphanages being run by the Department of Women & Child Development, Govt. of NCT of Delhi

### PHDFWF-JAQUAR FOUNDATION MOBILE MEDICAL VAN (GURUGRAM, HARYANA)





PHD Family Welfare Foundation with financial assistance from Jaquar Foundation is providing healthcare facilities to the needy at their door steps since 2018. The health check-up camps are being organized in Alipur,

Garhi Bazidpur, Harchandpur and Dhaula villages of Haryana adopted by the Jaquar Group. In the first and second wave of COVID pandemic, regular health camps along with awareness sessions and other health related sensitization programs were conducted adhering to strict COVID safety protocols. A total of 157 health camps and 9509 patients benefitted from these camps.



### PHDFWF - JAQUAR FOUNDATION MOBILE MEDICAL VAN, (BHIWADI, RAJASTHAN)





PHDFWF is implementing a mobile medical van project with financial support from Jaquar Foundation in Bhiwadi, Rajasthan. During this year, 181 camps were conducted in various villages adopted by Jaquar group in Bhiwadi. Free diagnostic care, clinical services along with free medicines were provided to the patients. A total of 9000 patients benefited from these camps.

#### PHDFWF - SETH MADANLALL PALRIWALA FOUNDATION MOBILE MEDICAL VAN

PHDFWF has been implementing SMPF-PHDFWF mobile van for the past 23 years with financial support from Seth Madanlall Palriwala Foundation. A total of 104 free health check-up camps were conducted in different rural areas of Haryana, Uttar Pradesh and various resettlement colonies of Delhi/NCR benefitting 5169 patients. Free diagnostic care, clinical services and medicines were



provided to the patients. Moreover, routine awareness sessions were also conducted for the patients.

#### PHDFWF-L&T HOWDEN MOBILE MEDICAL CAMP, FARIDABAD





PHDFWF with support from L&T Howden conducted various health check-up camps in different parts of Faridabad. A total of 32 health check-up camps were conducted from October 2020 to March 2021. A total of 3022 Patients received free health check-up services and medicines as prescribed by the doctors.



#### PHDFWF - ARUNA ABHEY OSWAL TRUST - MOBILE MEDICAL VAN

PHDFWF is running a mobile medical van in association with Holy Family Hospital donated by Aruna Abhey Oswal Trust. Free health check-up camps were organized in Okhla resettlement colonies, Priyanka Camp, Chesair Home, Ali Village, Subash Camp and Taimoor Nagar, Nai Basti. In total, 5151 patients benefitted from these camps



#### PHDFWF-JAQUAR FOUNDATION DENTAL & EYE MOBILE MEDICAL VAN



PHDFWF organized 58 general health camps in the month of October'2020 to March 2021. A total of 31 Eye & 29 dental check-up camps were conducted in the months of January 2021 to March 2021 in different resettlement areas of Delhi/NCR and different villages of Gurugram adopted by the Jaquar Group. Free eye and dental check-up, dental screening, scaling & filling, distribution of medicines was done on 3718 patients during this period. Post March 2021, Mobile van was being used for conducting heath check-up camps in 101 Childcare institutions and other activities. More than 30 camps have been conducted so far benefiting more than 1500 children.



### PHDFWF-DSACS TARGET INTERVENTION PROJECT ON HIV/AIDS





The Target Intervention Project (TI) has been providing various Health/RCH Services to industrial and migrant workers with the financial support from Delhi State AIDs Control Society (DSACS) since 2003 in resettlement areas of Okhla. During this year, 1616 ICTC, 1477 RPR, 2303 RMC, 259 PT, 57 STI, 22 DIC, 40 Group meetings, 27 review meetings, 150 syphilis, 375 clinical foot fall were conducted under the program. During the second wave of COVID-19, interaction with local communities, review meetings with network operators were being conducted by DSACS & PHDFWF officials through virtual sessions to supervise daily activities, regular counselling etc. Counselling of STD patients, HRGs are being done through teleconference by the doctors on a regular basis.