

PHD FAMILY WELFARE FOUNDATION (Bulletin Points – December 2025 & January 2026)

MAJOR PROGRAMME

PHDFWF ORGANISED ASTITVA SAMMAN 2026



The PHDFWF organised the 11th Women Astitva Samman and 10th Junior Astitva Samman 2026 on Friday, 16 January 2026, at the PHD House, New Delhi to honour inspiring women, young innovators and organizations working for social development and women empowerment. The programme started with the National Anthem followed by invocation and lamp lighting. Ms. Anuradha Goel, Chairperson, PHDFWF welcomed the awardees, guests and highlighted PHDFWF's welfare initiatives. Shri Anil Gupta, Senior Vice President, PHDCCI, delivered the presidential address, emphasizing women leadership and nurturing young talent. The Chief Guest for the programme was Her Excellency Ms. Marje Luup, Ambassador of Estonia and the Guest of Honour was Ms. Sangeeta Barooah Pisharoty, President, Press Club of India. The programme was also graced by the esteemed presence of Ms. Meira Kumar, former Speaker of the Lok Sabha, Former Presidents PHDCCI. Awardees were selected by an esteemed jury comprising eminent former civil servants, policymakers, jurists, social leaders and professionals from diverse fields based on their contribution to society and women empowerment.

Women Astitva Samman 2026 awardees: Government: SPUWAC, Delhi Police (received by Mr. Ajay Chaudhry, IPS) Corporate: McLeod Russel India Limited (received by Mr. Saneer Gurung) MSME: My Kinda Holidays (Ms. Ira Narula & Ms. Alka Jha) NGO: Sewa Bharti (received by Sh. Ramesh Agarwal) Special Category: Ms. Menuka Poudel (Indian Idol Season 14) and for Junior Astitva Samman 2026 awards were given to Nemo AI project received by Abhigyan Nayak, Amity International School, Saket, Neer project by Team from Shiv Nadar School, Noida, FREAX project received by Annaya Gandhi & Kanav Jain, Bal Bharati School, Rohini and In Rhyme project by Sia Gupta, Modern School, Barakhamba. In the Chief Guest address, Her Excellency Ms. Marje Luup appreciated the initiative for empowering women and encouraging young innovators. The programme also featured a musical performance by Ms. Vidhi Sharma and troupe. The event was supported by DCM Shriram International and Kali Center for Legal Reforms & Research and was attended by former presidents, diplomats, industry leaders, educators, media, students and civil society members.

PHDFWF CRICKET LEAGUE 2026



The PHD Family Welfare Foundation organised second FWF Cricket League 2026 on January 10, 2026 at Laxman Public School, New Delhi. The initiative was undertaken as part of PHDFWF's holistic development approach aimed at promoting sportsmanship, teamwork, confidence-building, overall physical and mental well-being of its beneficiaries. The first match started by a toss between two teams by Shri Gopal Jivarajka, Former President of PHDCCI. Mandi Centre won the toss and opted to bowl first. Shri Alok B Shriram, Former President, PHDCCI, Shri Viney Singhal from Rotary Club of Delhi Central, Ms. Anuradha Goel, Chairperson and Governing Body members of PHDFWF were present on this special occasion. Former Presidents and other members encouraged the players to have sportsmanship along with other skills. The tournament witnessed enthusiastic participation from eight teams representing various PHDFWF skill centres and the Secretariat. The matches were played in a spirited yet disciplined environment, fostering healthy competition and camaraderie among the participants. The winner of the league was FWF Mandi Skill Centre, while the Okhla Skill Centre secured the Runners-Up position. Trophies were distributed to the Man of the Match, the best batsmen, the best bowlers and the best player from each team. The event was attended by approximately 250 participants and supporters, reflecting strong community engagement and reinforcing PHDFWF's commitment to youth development through inclusive and value-based initiatives.

PHDFWF ORGANISED HUNAR UNLIMITED



PHD Family Welfare Foundation organised its annual flagship programme- Hunar Unlimited on Atmanirbhar Bharat on December 20, 2025 at the PHD House, New Delhi. The programme was inaugurated with the lighting of the ceremonial lamp by the Chief Guest Ms. Ruchika Chaudhary Govil, Chief Commissioner, Department of Income Tax, GOI, Dr. Ram Kumar Gupta, Secretary Rashtriya Sewa Bharti along with Ms. Vidhi Sharma, renowned singer, Shri Shamsheer Kanwar, CSR Head, Ms. Vidhi Mehra and Ms. Disha Mehra from Jaquar Foundation and Ms. Anuradha Goel, Chairperson, PHDFWF. In her welcome address Ms. Anuradha Goel welcomed the guests and participants and highlighted the welfare initiatives undertaken by PHDFWF. Ms. Goel said it was the 40th year of the Foundation and shared the meaningful programmes had been planned for the year. Ms. Ruchika Chaudhary Govil, Guest of honour appreciated the performances, talent, self-reliance and empowerment of beneficiaries done through PHDFWF. On this occasion, an on the spot art competition was organised which was judged by renowned artist Ms. Nupur Kundu. An engaging quiz competition on Atmanirbhar Bharat further added to the enthusiasm. The programme enthralled more than 300 audience with the vibrant performances of music dance and drama by beneficiaries from PHDFWF skill development centers.

PHDFWF INAUGURATED ITS FIRST SCHOOL, “NL MEHRA PRE PRIMARY SCHOOL,” FOR NURSERY AND KG IN AYA NAGAR, DELHI



PHDFWF with the support of the Jaquar Foundation, inaugurated its first school, “NL Mehra Pre Primary School,” for Nursery and KG in Aya Nagar, Delhi, for the needy children on December 19, 2025. The inauguration ceremony began with the lighting of the lamp by Ms Anuradha Goel, Chairperson, PHDFWF; Ms Disha Mehra and Ms Vidhi Malhotra from the Jaquar Group of Industries; Mr Shamsher Kanwar from the Jaquar Foundation; along with other senior members and secretariat from the Jaquar Foundation and PHDFWF. In her welcome address, Ms Anuradha Goel expressed her gratitude to the Jaquar Foundation and the Mehra Family, with whom PHDFWF shares a long association. Ms. Goel shared that this new initiative marks the beginning of a larger vision, under which more such schools will be opened over the next two years. This school will provide a strong foundation in early education for young children and help them build character for life. Mr. Shamsher Kanwar shared his thoughts on the importance of early childhood education as the strongest investment in a child’s future. Ms. Disha Mehra spoke about the vision behind supporting the NL Mehra Pre Primary School and highlighted how access to quality early education can change life for children from underserved communities. Ms. Vidhi Malhotra acknowledged the dedication of the PHDFWF and shared her optimism that this initiative would not only provide education but also instil values, confidence and curiosity in children at a very young age. The programme was followed by cultural performances by the students from NL Mehra Pre Primary school and beneficiaries of its skill center. The inaugural ceremony was attended by more than 130 audience.

SKILL DEVELOPMENT TRAININGS

PHD Family Welfare Foundation is making a significant impact on communities by running 31 skill development centers, Pan India. These centers play a crucial role in providing essential free skills to empower the marginalised youth & women.

The reach of PHDFWF extends to various states, including Gujarat, Assam, Uttar Pradesh, Rajasthan, Chhattisgarh, Odisha, Haryana, Madhya Pradesh and Delhi-NCR. The foundation is committed to addressing the needs of community through skill development centers initiatives with support from its funding agencies - SMPF, Jaquar Foundation, Hindustan Tin Works, Kajaria Ceramics, Goyal MG Gases, Vidhya Jyoti, WRG New jersey USA, SJK, Chandiook Foundation, Electronic Mart India and other supporters. Through these efforts, PHDFWF is creating opportunities for underprivileged women and youth to enhance their lives by making them self-reliant to support their families as well as contribute meaningfully to society.



COOKING



HAND - WEAVING



COMPUTER EDUCATION



MOBILE REPAIRING



TAILORING



BEAUTY CULTURE



HAIRSTYLE



RETAIL MANAGEMENT



MAKEUP

EDUCATION

NL Mehara Pre-Primary School run by PHDFWF is dedicated to building strong educational foundations for underprivileged children through joyful, child-centred learning. The school offers free early childhood education using interactive teaching methods that promote basic literacy, numeracy, creativity and social skills. In addition, PHDFWF provides free tutorial classes in Mathematics and Science for needy students with support from its funding ensuring a safe, caring, and stimulating learning environment.



NL Mehara Pre-Primary School



REMEDIAL EDUCATION

HEALTH CARE

The primary objective of healthcare projects is to provide medical care to the local communities in underserved areas. These MMV projects are specifically designed to reach communities that have limited access to healthcare services due to factors such as geographical location, poverty, or lack of infrastructure. Target Intervention project under the foundation specially looking after high-risk groups for prevention of HIV/AIDS.

Currently, PHDFWF is providing healthcare services through its 12 mobile medical vans including eye and dental mobile medical vans and TI project in Delhi-NCR, Rajasthan, Haryana, Uttar Pradesh, and Gujarat with the financial support from different funding agencies.



DELHI/NCR



EYE MOBILE MEDICAL VAN

DENTAL MOBILE MEDICAL VAN



RAJASTHAN

BHACHAU & KHAROI- GUJARAT

THANK YOU TO OUR SUPPORTERS & PARTNERS

